



APPLIES TO ACADEMIC YEAR 2006/2007

FORK 0301 Course in Study Strategies - Making the Most of Your Studies

Program

Responsible for the course

Anders Dysvik

Department

Leadership and Organizational Management

Term

According to study plan

ECTS Credits

0

The course is offered for new students at undergraduate level.

Objective

The objective of this course is to make students aware of their own individual ways of studying and to look at how different learning methods and techniques can be effective. Students will be guided on how to improve their own study skills by learning new study strategies and also by focusing on how to be more disciplined and structured in their learning. Various study tools and methods will be introduced to help students make the most of their studies and to help them be more structured and goal focused. In addition, students will be given important guidelines on searching for academic literature, both electronically and in the library. These research skills will greatly assist students in completing assignments and projects as part of their degree programme. The course will also help students realise the importance of using a proper reference system to avoid plagiarism (copying) in written exams, as copying is strictly illegal. In this course we will be looking at strengths and weaknesses regarding each students' own academic experiences and study skills. The course also includes ideas for planning and carrying out your own learning, individually and in study groups. We will also discuss how it is to be a new student at BI, and discuss examples of exam questions and cases based on the curriculum of first year courses.

Prerequisites

No prerequisites required.

Compulsory literature

Other:

Dysvik, A. og Tanggaard, P.. 2006. Ansvar for egen læring : Kurshefte i studiestrategier. Oslo: Handelshøyskolen BI. Kursheftet deles ut av kursleder

Recommended literature

Books:

Payne, Elaine og Whittaker, L.. 2006. Developing essential study skills. 2nd ed. London: Prentice Hall

Course outline

- How to make effective notes
- Group forming and group dynamics
- Approaches to learning
- Effective planning
- Repetition and effective revision
- Reading techniques
- Learning in groups with others
- Motivation, recreation, self discipline and concentration
- Study ethics
- Essay writing, search for literature and reference techniques
- Exam formats

Computer-based tools

Not applicable in this course.

Course structure

The course is offered at the start of the fall semester over 12 lecture hours.

Evaluation

There is no formal exam in this course.

Evaluation code(s)

Aids at the examination

Makeup exam